

RICHMOND COMMUNITY SCHOOLS HEAD START LUNCH MENU — MARCH 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Richmond Community Schools
Will participate in MI Farm to
School. (*) = food choice
utilizing MI based items.



Product of Michigan

Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.

Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.

Menu Subject to Change Without Notice

Nutritional information is available on the Food Service web page of the Richmond Community School District Website.

"USDA is an equal opportunity provider and employer"

1

WG Mac & Cheese

Steamed Broccoli
Fresh Bananas

1% Unflavored Milk



2

Lil Caesars Pepperoni Pizza

Romaine Salad
Fresh Apple Slices*

1% Unflavored Milk



3

Soft Beef Taco

Refried Beans w/
Cheese
Fresh Apples*

1% Unflavored Milk

6

WG Chicken Tenders
WG Dinner Roll

Corn
Fresh Apple Slices*

1% Unflavored Milk



7

Lil Caesars Cheese Pizza

Carrot Coins
Diced Peaches

1% Unflavored Milk



8

WG Wow Butter
Sandwich

Fresh Carrots
Fresh Banana

1% Unflavored Milk

9

Yogurt w/ String Cheese
WG Graham Cracker

Fresh Broccoli
Fresh Apple

1% Unflavored Milk



10

No School



13

WG Chicken Drumstick
WG Dinner Roll

Corn
Mixed Fruit

1% Unflavored Milk



14

Turkey Frank Hot Dog on
WG Hot Dog Bun

Potato Smiles
Diced Peaches

1% Unflavored Milk



15

WG Rotini w/ Beef Meat
Sauce

Steamed Broccoli
Fresh Banana

1% Unflavored Milk



16

Lil Caesars Pepperoni Pizza

Romaine Salad
Fresh Apple Slices*

1% Unflavored Milk



17

Soft Beef Taco

Cheesy Refried Beans
Fresh Apple Slices*

1% Unflavored Milk

20

WG Chicken Patty Sand-
wich w/
WG Hamburger Bun

Corn
Fresh Apple Slices*

1% Unflavored Milk

21

WG Cheesy Bosco Sticks

Carrot Coins
Diced Peaches

1% Unflavored Milk



22

WG Mac & Cheese

Steamed Broccoli
Fresh Orange Slices

1% Unflavored Milk



23

Lil Caesars Cheese Pizza

Romaine Salad
Diced Pears

1% Unflavored Milk



24

No School



27

WG Chicken Nuggets
WG Dinner Roll

Corn
Mixed Fruit

1% Unflavored Milk



28

WG Turkey Corn Dog

Carrot Coins
Diced Peaches

1% Unflavored Milk
Diced Peaches

29

WG Rotini w/ Beef Meat
Sauce

Steamed Broccoli
Fresh Bananas

1% Unflavored Milk



30

Lil Caesars Pepperoni Pizza

Romaine Salad
Fresh Apple Slices*

1% Unflavored Milk



31

WG Wow Butter

Fresh Carrot Sticks
Fresh Apple Slices*

1% Unflavored Milk